

## Survey for professionals

### Survey of professionals who work with people with Down syndrome

**Thank you for completing this quick survey for professionals who work with babies, children or adults with Down syndrome.**

**The National Down Syndrome Policy Group would like to better identify the expertise in the UK among professionals in education, healthcare and social care, and what training is currently available. UK professionals will be central to the successful implementation of the guidance that will accompany the Down Syndrome Act 2022. By understanding your professional experiences, good practices and gaps in current practice, we will better advocate for you and the people you serve in your fields. Throughout this survey please make a note where your training was Down syndrome specific or whether it was a more generalised training for learning disabilities, neurodevelopmental conditions or neurodiversity.**

**\*In line with the Down Syndrome Act 2022, we will use the international terminology of Down syndrome**

\* 1. As a professional, where do the people who you work (with Down syndrome) with live?

- |  |  |
|--|--|
| <input type="radio"/> Scotland                 | <input type="radio"/> East England       |
| <input type="radio"/> Northern Ireland         | <input type="radio"/> London             |
| <input type="radio"/> Wales                    | <input type="radio"/> South East England |
| <input type="radio"/> North East England       | <input type="radio"/> South West England |
| <input type="radio"/> North West England       | <input type="radio"/> Channel Islands    |
| <input type="radio"/> Yorkshire and the Humber | <input type="radio"/> International      |
| <input type="radio"/> East Midlands            | <input type="radio"/> UK wide            |
| <input type="radio"/> West Midlands            |  |

## Survey for professionals

### Understanding your role

2. What is your primary\* profession?

(\*If dual qualified please make a note in the latter sections)

- Healthcare
- Charity professionals
- Education
- Other
- Social Care

## Survey for professionals

### Healthcare Professionals

#### 3. What is your profession?

- Nurse (subspecialty given in next question)
- Doctor (subspecialty given in next question)
- Speech and Language Therapist (in hospital and community settings)
- Speech and Language Therapist (in educational settings)
- Occupational Therapist (in hospital and community settings)
- Occupational Therapist (in educational settings)
- Physiotherapist
- Psychologist
- Educational Psychologist
- Vision specialist i.e. Ophthalmologist
- Hearing Specialist i.e. Audiologist
- Midwife
- Health Visitor
- Lactation Consultant
- Sleep specialist i.e. Sleep Physiologist

Other (please specify)

## Survey for professionals

### 4. What type of nurse are you?

- Practice Nurse
- District Nurse
- In patient -Paediatric
- In patient - Adult
- Other (please specify)
- Learning Disability Nurse
- Continence Nurse
- Mental Health Nurse
- Other Specialist Nurses e.g. Cardiac Epilepsy, Asthma, Gastro etc

## Survey for professionals

### Type of Doctor

5. What type of Doctor are you?

- |   |   |
|---|---|
| <input type="radio"/> GP                          | <input type="radio"/> Psychiatrist -Child and Adolescent  |
| <input type="radio"/> Neonatologist               | <input type="radio"/> Psychiatrist-Adult                  |
| <input type="radio"/> Paediatric- Community based | <input type="radio"/> Psychiatrist- Learning Disabilities |
| <input type="radio"/> Paediatric- Hospital based  | <input type="radio"/> Neurologist                         |
| <input type="radio"/> Gastroenterologist          | <input type="radio"/> Orthopaedic Doctor                  |
| <input type="radio"/> Cardiologist                | <input type="radio"/> Sleep Specialist                    |
| <input type="radio"/> Other (please specify)      |   |

## Survey for professionals

### Healthcare- how long in position?

6. How many years have you held this position?

- 0-1 years
- 2-5 years
- 6-10 years
- More than 10 years

## Survey for professionals

### Education Professionals

7. Please tell us what your role in Education is (closest fit)

- Primary School Teacher
- Secondary School Teacher
- SENDCo (special educational needs and disabilities coordinator)
- Teaching assistant or HLTA (higher level teaching assistant)
- Learning support, cover supervisor or tutor
- Pupil Referral Unit Teacher
- Headteacher, deputy or assistant headteacher
- Head of year, department, curriculum or phase
- Governor of a School
- Extra curricular provider
- Other (please specify)

8. Which type of school do you work in?

- Mainstream
- Special
- Other (please specify)

9. How many years have you held this position?

- 0-1 years
- 2-5 years
- 6-10 years
- More than 10 years

## Survey for professionals

### Social Care Professionals

10. Please tell us what your role in Social work is (closest fit)

- |  |  |
|--|--|
| <input type="radio"/> Social Worker - Child Services           | <input type="radio"/> Social Worker - Mental Health Team       |
| <input type="radio"/> Family Support Worker                    | <input type="radio"/> Social Worker - Supervisor               |
| <input type="radio"/> Social Worker - Adult Services           | <input type="radio"/> Social Care Worker/Personal Assistant PA |
| <input type="radio"/> Social Worker - Learning Disability Team |  |

11. How many years have you held this position?

- 0-1 years
- 2-5 years
- 6-10 years
- More than 10 years



## Survey for professionals

### Charity and Other Professionals

12. Please tell us about your role

13. How many years have you held this position?

- 0-1 years
- 2-5 years
- 6-10 years
- More than 10 years

## Survey for professionals

### Your training

14. How many years (in total) have you been in practice in your profession?

- 0-2
- 3-5
- 6-10
- More than 10

15. Did the original training in your profession include any focus on learning disabilities?

- Yes
- No

16. If so please give some details of the training

17. Have you subsequently chosen to access training in learning disabilities?

- Yes
- No

18. Have you attended training that covered the specific needs or challenges faced by people (children or adults) with Down syndrome?

- Yes
- Yes but it was a part of a broader training I attended
- No

19. Please tell us more about the training

## Survey for professionals

### Working with children and adults with Down syndrome

20. How many of the people you support have Down syndrome?

less than 5

20-29

5-9

30+

10-19

21. How confident do you feel meeting the needs of children and adults with Down syndrome?

0 (not at all confident)

100 (very confident)

22. How well supported do you feel looking after children and adults with Down syndrome (supervision etc)?

0 (not supported)

100 (very supported)

23. What guidance/protocols do you access working with children and adults with Down syndrome?

24. What gaps in guidance/best practice do you think need filling working with children and adults with Down syndrome?

25. What challenges do you face in looking after children and adults with Down syndrome?

26. What might help you feel more confident and knowledgeable in looking after children and adults with Down syndrome?

27. Is there anything else you would like to share around working with people with Down syndrome? Please share examples of good practice here.

28. If you are happy for us to contact you with regard to this survey, the Down Syndrome Act and guidance, please provide your details.

**Name**

**Email Address**