

Pack 5

Social Services

Down Syndrome Act 2022:
draft guidance





Down Syndrome Act 2022: draft guidance

What services should do to support
people with Down syndrome



What social care services should do

People should get the care and support they need to:



- Live as **independently** as possible.
Independent means doing some things for yourself or with some support.



- Live a healthy life.



- Live the life they want to live.

What people with Down syndrome need



People with Down syndrome are more likely to need support with things like:

- Cooking and cleaning the house.



- Washing and getting dressed.



- Taking part in their local community. Things like going to groups or **volunteering**.



Volunteering is when you give your time and skills to help other people.



- Filling in forms, paying their bills and managing their money.



- Planning what to do. Or making sure there is enough time to do the things they want to.



- Taking medication.



- Going shopping or to appointments.



- Getting to school, college or work.



- Staying safe. Things like help to understand road safety and staying safe online.



- Taking a short break if they need it. Things like staying in a care home for a short time. Or, having care in the daytime.

What services should do to support people with Down syndrome



Services should check what support people need. This is called an **assessment**.



Services should do assessments for carers. This helps carers to get the support they need too.



Services should support people to make **care and support plans**.

A **care and support plan** says what a persons needs are. And what support the law says they should get.



Services should support people with their **personal budget**. This is money people get from the council to pay for care and support.



Services should make sure people know what support they can get in their local area.



Services should give people early help and support. This can help to stop problems from happening or from getting worse.



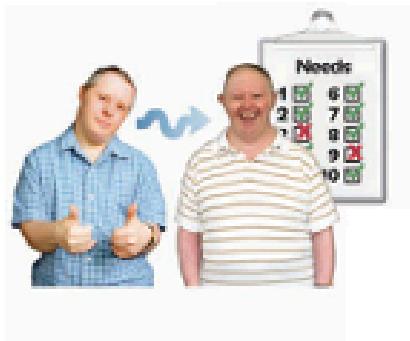
Early help and support could be an alarm to help them remember things. Or a hand rail to help them when standing up.



Services should make sure people get the right services when they become adults.



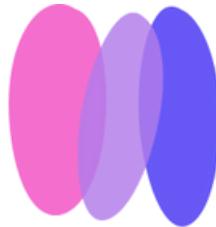
Services should support people with Down syndrome who have dementia.



Services should check what people might need as they get older.

National Down Syndrome Policy Group

CHANGING THE NARRATIVE



Department
of Health &
Social Care



Down Syndrome Act 2022: draft guidance

Tell us what you think



This survey is for:

- People with Down syndrome and their families and carers.
- People with similar conditions or a learning disability and their families and carers.

It is now your turn to complete the draft guidance survey on Social Care.



People with Down syndrome have already said they think that it is important for all Social Care staff to have special training about Down syndrome.



Because Social Care staff do **not** have special training about Down syndrome:



People's needs are not always met.



Support is not the same everywhere.



Hopes for people with Down syndrome can be too low.



If services did have special training about Down syndrome it would help to:



Understand people with Down syndrome better.



Make sure they get the best care to meet their needs.



Higher hopes for people with Down syndrome.



More choices about how and where people with Down syndrome live.



There is space at the end of this pack for you to share what you think about this.



To remind you, this is what people with Down syndrome have said before about why special training is important:



It helps make sure health needs are not missed.



People with Down syndrome should be treated fairly and have the life they choose.



It helps people with Down syndrome to be included everywhere.

What social care services should do



Part of the draft guidance tells you what support people with Down syndrome should get from social care services.



You can read about this first in the easy read draft guidance. It is on pages 19 to 24.



Question: Does the draft guidance make it clear what social care support people can expect to get?



Yes



No



I don't know



Question: Do you think we need to make any changes to this part of the draft guidance?



Yes



No



I don't know



If you ticked yes, please tell us what changes we need to make. Write your answer in this box.